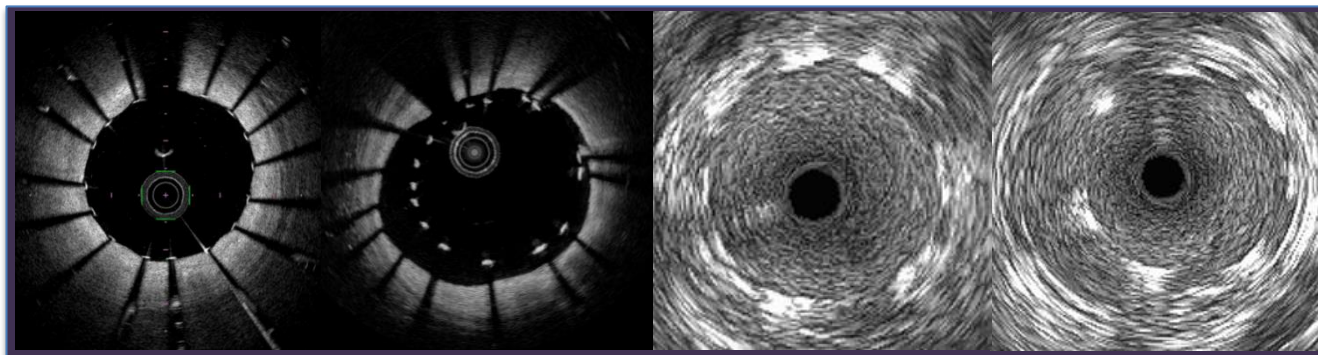


23rd CardioVascular Summit-TCTAP 2018

Imaging & Physiology

April 28, 2018 12:40 PM ~ 12:48 PM Room 104, Level 1

OCT vs. IVUS for Guiding PCI: OPINION Trial and Updated Meta-analysis



Takashi Kubo MD, PhD

Wakayama Medical University, Wakayama, Japan



Disclosure statement of financial interest

Within the past 12 months, I or my spouse/partner have had a financial interest/arrangement or affiliation with the organization(s) listed below.

Affiliation/Financial Relationship

- Grant/Research Support
- Consulting Fees/Honoraria
- Major Stock Shareholder/Equity
- Royalty Income
- Ownership/Founder
- Intellectual Property Rights
- Other Financial Benefit

Company

- No
- Abbot vascular, Terumo
- No
- No
- No
- No
- No



IVUS/OCT in ESC guideline 2014

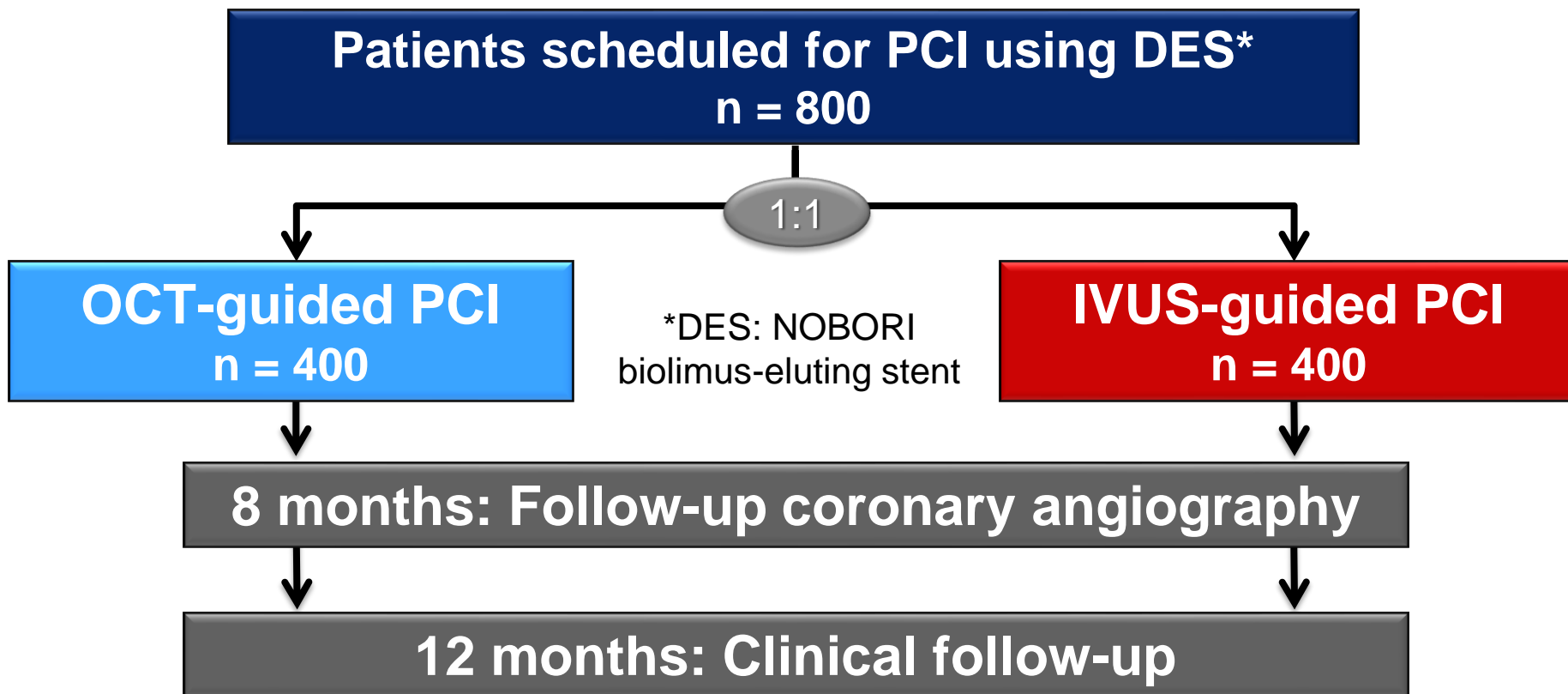
Recommendations	Class	Level
IVUS in selected patients to optimize stent implantation.	IIa	B
OCT in selected patients to optimize stent implantation.	IIb	C

OCT is becoming increasingly widespread as an adjunctive intravascular diagnostic technique in PCI, because of its ability to visualize coronary structures at high resolution.

Clinical and prognostic implication of **OCT** guidance in PCI has not been established yet.

The OPINION study design

Prospective, multi-center (n=42), randomized (1:1), non-inferiority trial comparing OCT-guided PCI with IVUS-guided PCI



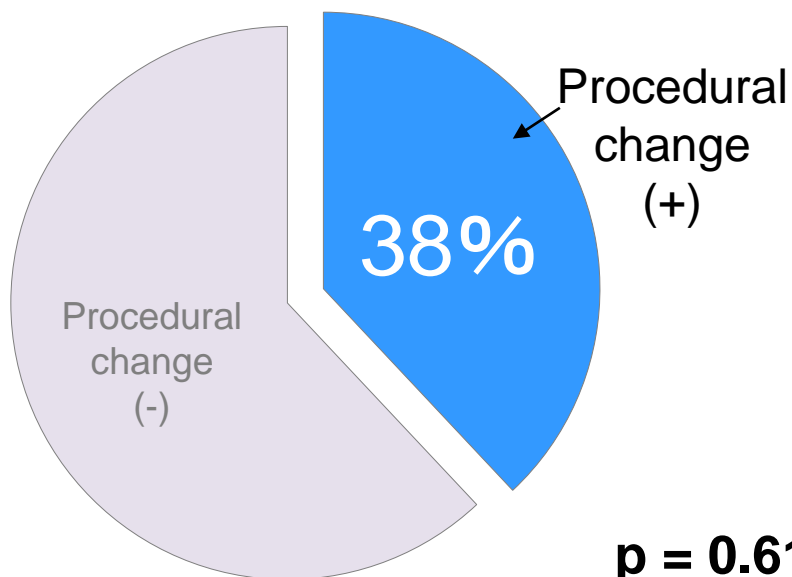
Primary Endpoint: Target Vessel Failure (TVF) at 12 months after PCI

OCT / IVUS criteria for optimal stent deployment

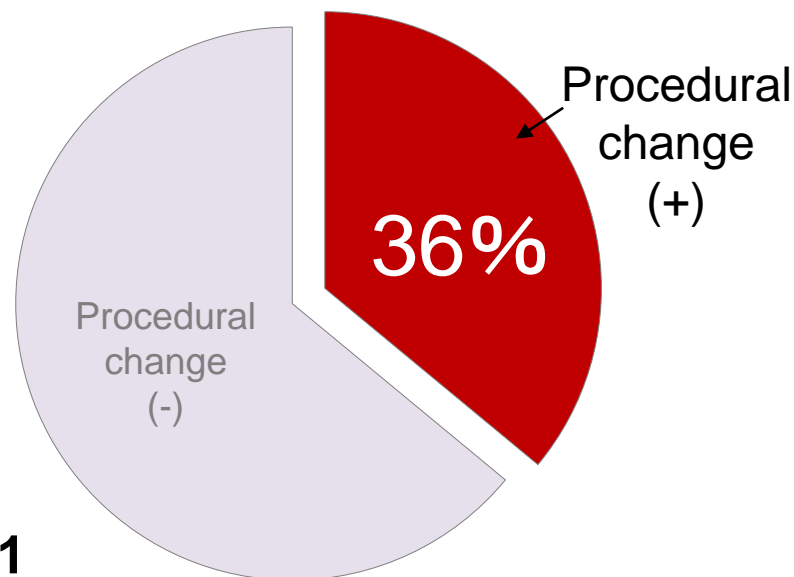
	OCT-guided PCI	IVUS-guided PCI
Reference site	<ul style="list-style-type: none"> • Most normal looking • No lipidic plaque 	<ul style="list-style-type: none"> • Largest lumen • Plaque burden < 50%
Determination of stent diameter	<ul style="list-style-type: none"> • By measuring lumen diameter at proximal and distal reference sites 	<ul style="list-style-type: none"> • By measuring vessel diameter at proximal and distal reference sites
Determination of stent length	<ul style="list-style-type: none"> • By measuring distance from distal to proximal reference site 	
Goal of stent deployment	<ul style="list-style-type: none"> • In-stent minimal lumen area $\geq 90\%$ of the average reference lumen area • Complete apposition of the stent over its entire length against the vessel wall • Symmetric stent expansion defined by minimum lumen diameter / maximum lumen diameter ≥ 0.7 • No plaque protrusion, thrombus, or edge dissection with potential to provoke flow disturbances 	

Procedural change by OCT / IVUS guidance

OCT guidance



IVUS guidance

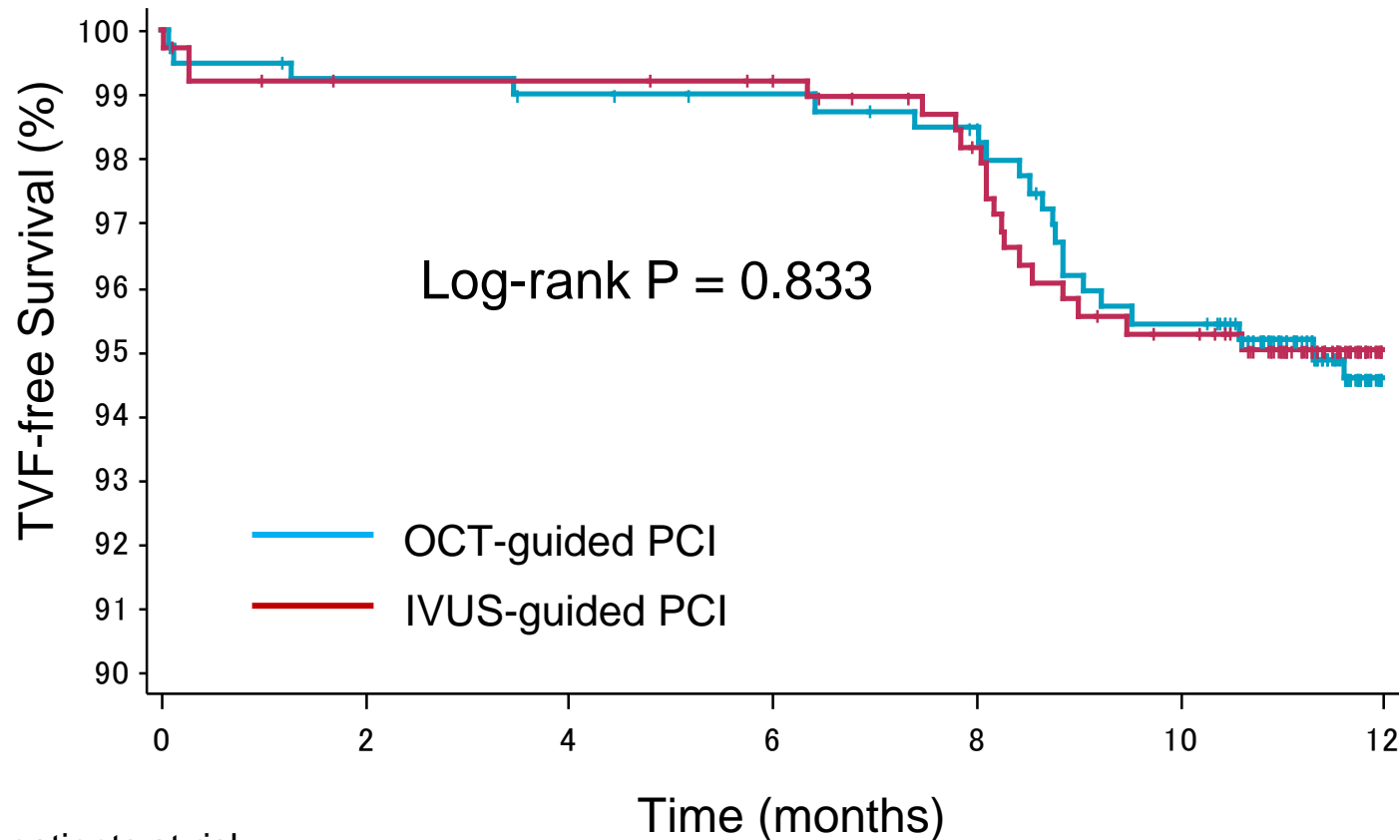


p = 0.611

Pre-dilatation: Balloon size/pressure up (11% vs. 10%)
 Rotablator, Cutting balloon (3% vs. 4%)
 Distal protection (4% vs. 3%)
 Post-dilatation: Balloon size/pressure up (31% vs. 28%)
 Additional stent (4% vs. 3%)
 Others (1% vs. 2%)

Primary endpoint: TVF

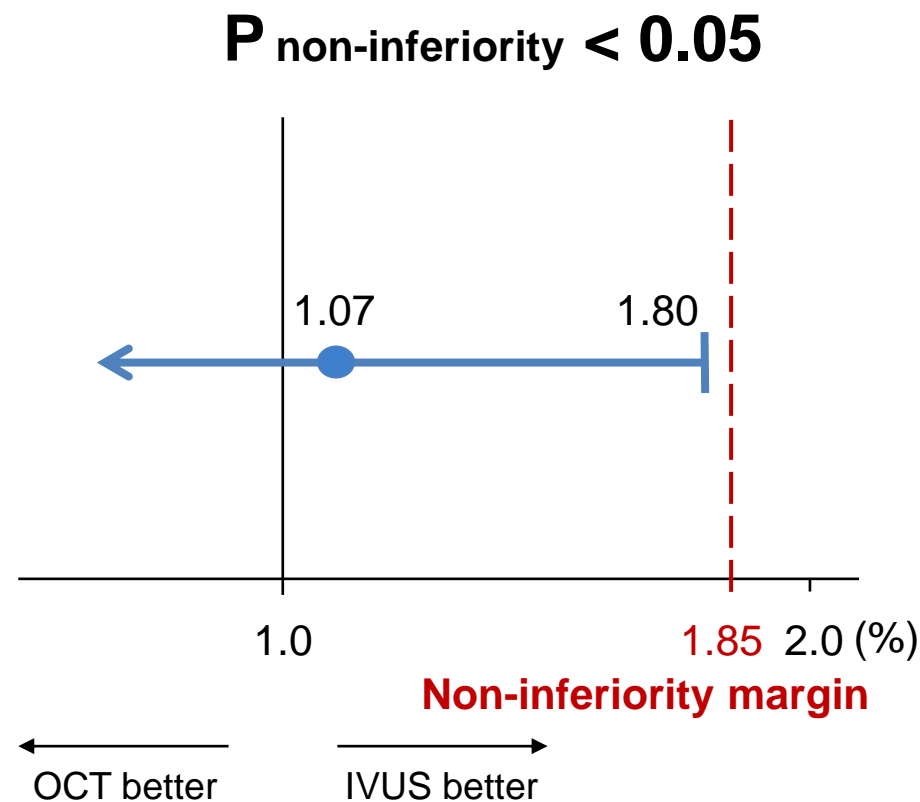
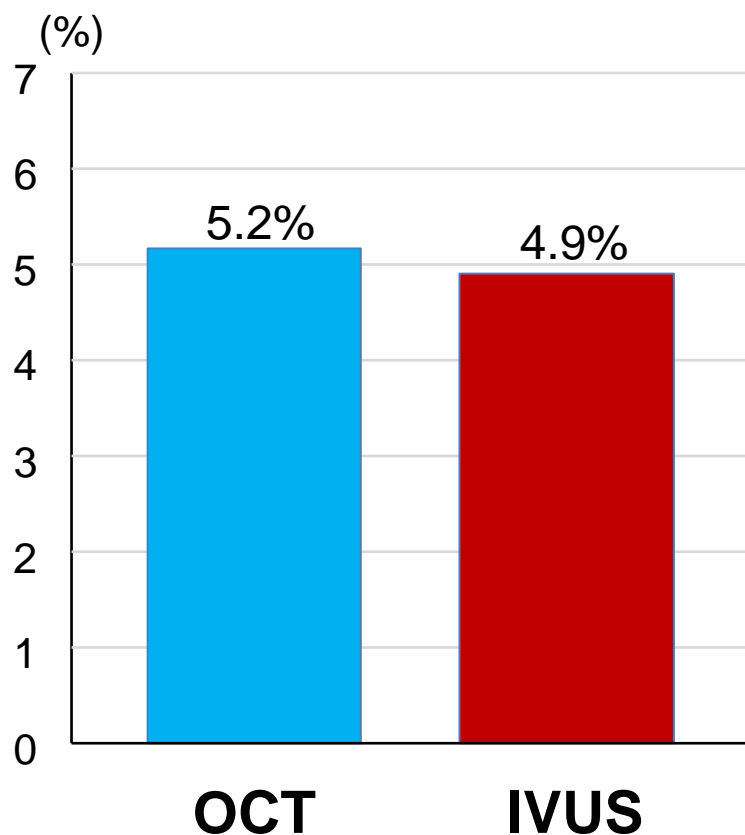
TVF = composite of cardiac death, target vessel-related MI and clinically-driven TVR



No. of patients at risk

OCT-guided PCI	401	396	394	392	387	374	265
IVUS-guided PCI	390	384	384	381	373	360	285

Primary endpoint: TVF



The upper 95% confidence interval of the difference in the TVF rate was 1.80%, which was lower than the pre-defined non-inferiority margin. Therefore, non-inferiority of OCT-guided PCI relative to IVUS-guided PCI was demonstrated in terms of TVF.

Secondary endpoints

	OCT	IVUS	p-value
Cardiac death	0 (0%)	1 (0.2%)	0.496
MI	2 (0.5%)	3 (0.7%)	0.684
Ischemia-driven TVR			
TLR	11 (2.7%)	12 (3.0%)	0.835
Non-TLR	9 (2.2%)	5 (1.2%)	0.420
Stent thrombosis	1 (0.2%)	2 (0.5%)	0.621
Stroke	4 (1.0%)	1 (0.2%)	0.374
Contrast-induced nephropathy	0 (0%)	0 (0%)	-

QCA results

	OCT	IVUS	<i>p</i> -value
Pre-PCI			
Reference vessel diameter, mm	2.62 ± 0.53	2.59 ± 0.57	0.259
Diameter stenosis, %	64 ± 12	65 ± 13	0.156
Post-PCI			
Diameter stenosis, %	12 ± 6	11 ± 6	0.143
8-month follow-up			
Diameter stenosis, %	16 ± 11	15 ± 10	0.948
Binary restenosis (DS>50%)	6 (1.6)%	6 (1.6)%	1.000

OCT results

	OCT	IVUS	p-value
Post-PCI			
Mean stent area, mm ²	6.36 (4.95–7.68)	6.68 (5.91–8.79)	0.054
Stent edge hematoma	30 (63)	51 (82)	0.040
Irregular tissue protrusion	25 (48)	33 (73)	0.014
8-month follow-up			
Mean neointima area, mm ²	0.46 (0.36–0.76)	0.62 (0.40–1.06)	0.057
Mean lumen area, mm ²	6.33 (4.77–7.39)	6.34 (5.37–7.87)	0.240

OCT-guided PCI vs. angiography-guided PCI

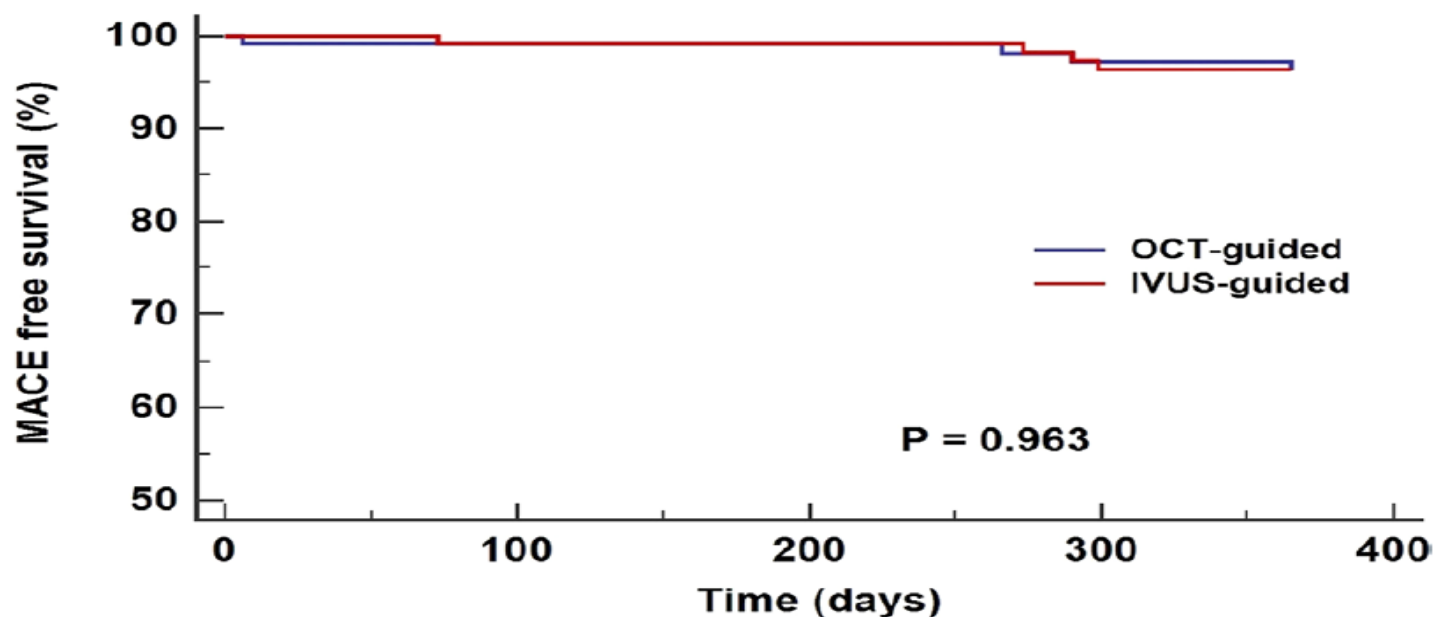
The CLI-OPCI study retrospectively enrolled 700 patient to compare clinical outcomes between angiographic guidance alone vs. angiographic plus OCT guidance for PCI.

	Angiographic guidance group (n=335)	Angiographic plus OCT guidance group (n=335)	p-value
Events at 1-year follow-up			
Death	23 (6.9%)	11 (3.3%)	0.035
Cardiac death	15 (4.5%)	4 (1.2%)	0.010
Myocardial infarction	29 (8.7%)	18 (5.4%)	0.096
Target lesion repeat revascularisation	11 (3.3%)	11 (3.3%)	1.0
Cardiac death, myocardial infarction, or repeat revascularisation	50 (15.1%)	32 (9.6%)	0.034

Conclusion: OCT can improve clinical outcomes of patients undergoing PCI.

OCT-guided PCI vs. IVUS-guided PCI

The study enrolled 290 patients who underwent implantation of a second generation DES under OCT (122 patients) or IVUS (168 patients) guidance. The two groups were compared after 1:1 propensity score matching (114 patients in each group).

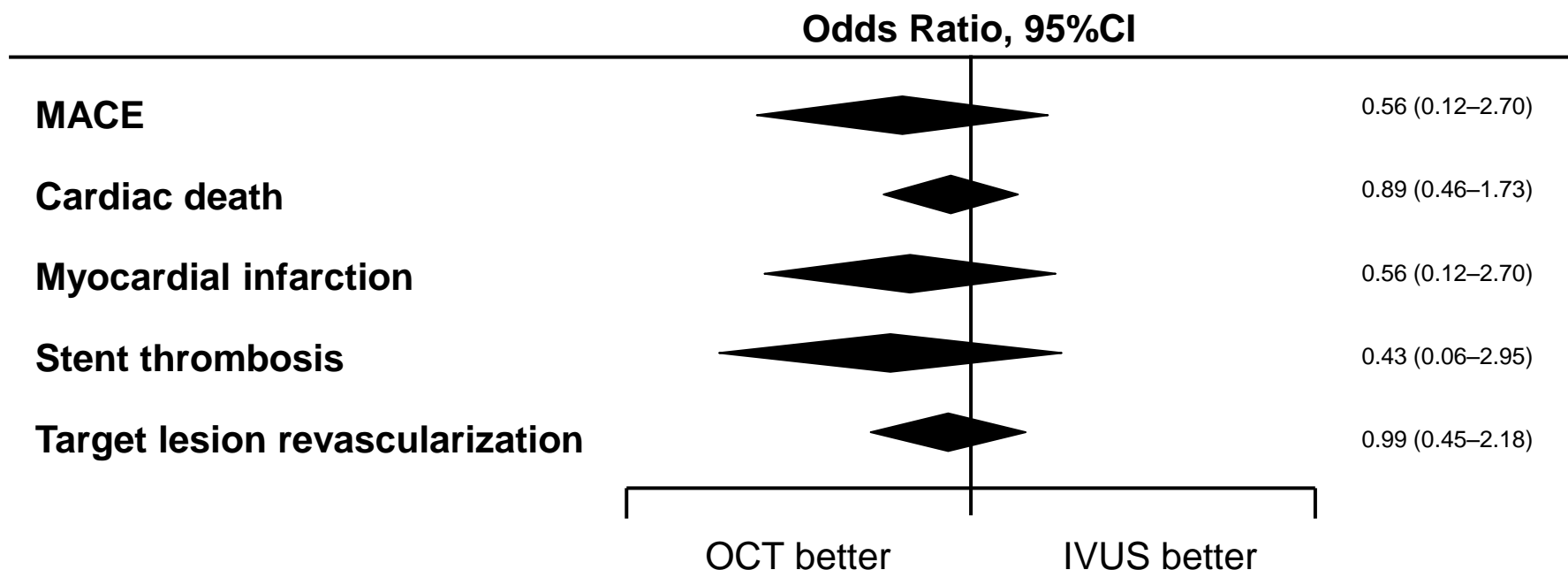


MACE:
composite of
cardiac death,
MI, and TLR

Conclusion: One year cumulative MACE free survival rate was similar between OCT-guided PCI and IVUS-guided PCI.

OCT-guided PCI vs. IVUS-guided PCI

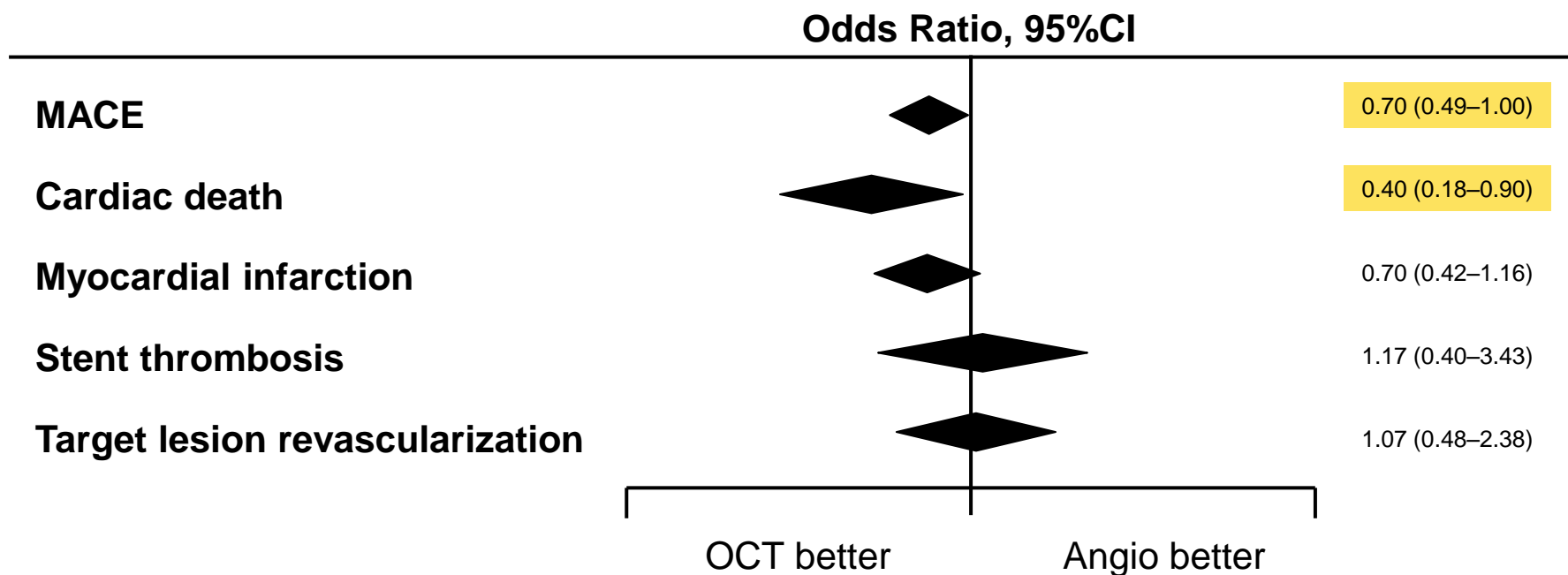
This meta-analysis included 2,781 patients; OCT-guidance vs. angiography guidance (n = 1753) and OCT-guidance vs. IVUS-guidance (n = 1028).



Conclusion: There was no statistically significant difference in clinical outcomes between OCT-guided PCI and IVUS-guided PCI.

OCT-guided PCI vs. angiography-guided PCI

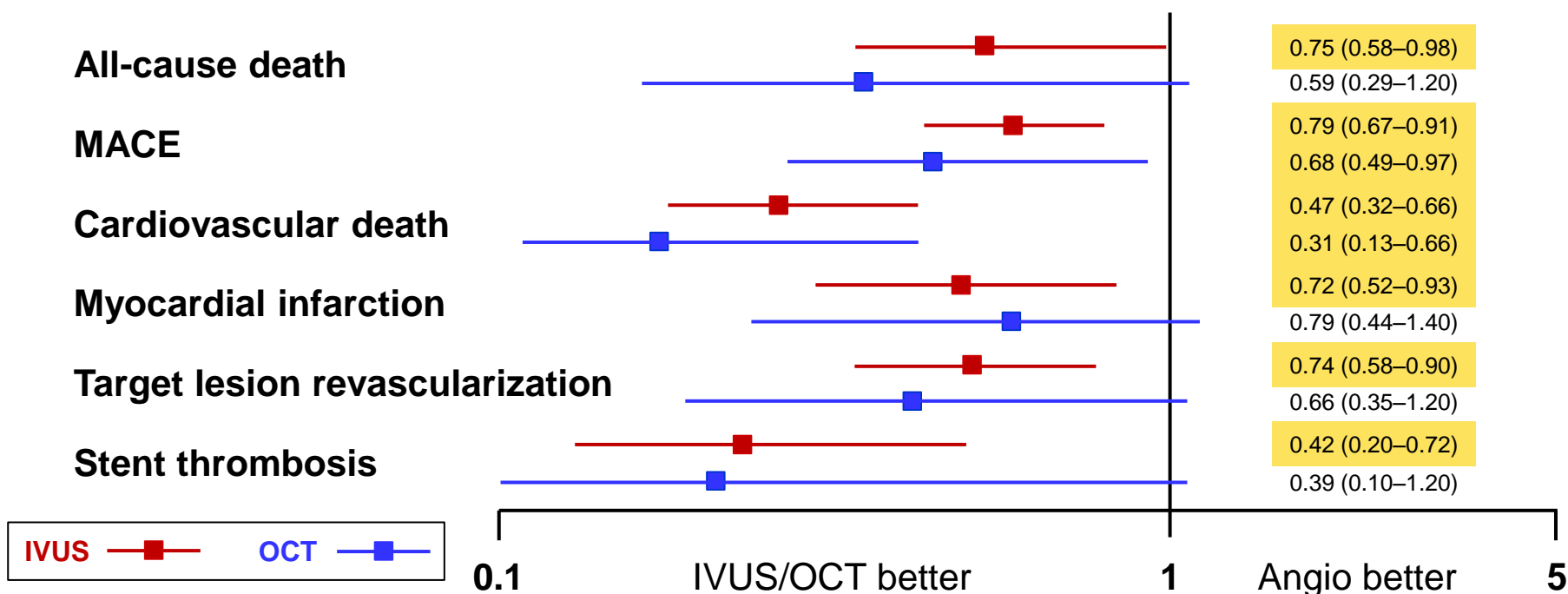
This meta-analysis included 2,781 patients; OCT-guidance vs. angiography guidance (n = 1753) and OCT-guidance vs. IVUS-guidance (n = 1028).



Conclusion: The rate of MACE and cardiac death was significantly lower in OCT-guided PCI compared to angiography-guided PCI.

IVUS/OCT-guided PCI vs. angio-guided PCI

This meta-analysis included 31 studies and 17,882 patients (angiography: 27 studies, 2,875 pts; IVUS: 29 studies, 8,434 pts; and OCT: 7 studies, 1,623 pts).



Conclusion: IVUS/OCT guidance in PCI reduced the risk of MACE and cardiovascular death compared to angiography guidance alone.

Conclusion

1. OCT-guided PCI and IVUS-guided PCI is equivalent in terms of clinical outcome.
2. As compared with angiography-guided PCI, both OCT-guided PCI and IVUS-guided PCI have excellent clinical outcomes, with a low rate of death, MI and repeat revascularization.



Thanks for your attention !

